

Summary Report on

HANDS ON WORKSHOP OF MULLIGAN MOBILIZATION @ SCHOOL OF PHYSIOTHERAPY, RKU

School of Physiotherapy, RK University believes in providing students with best hands on training to develop and enhance their therapeutic approach. With this motive Dr. Ankur Parekh, Assistant professor, School of Physiotherapy, RKU organised a hands on workshop on mulligan mobilization on 5th and 6th April 2014 with Dr. Jay Sata, Physiotherapist, G .G. Hospital, Jamnagar being the resource person. The workshop aided students to enhance their learning by applying their knowledge of advanced therapeutic skills for soft tissue mobilisations, treating joint pain and stiffness, spinal mobilisation required for neck / back pain and loss of functions. The 2 days hands-on-workshop ended with a piece of advice regarding applicability of the advance techniques in the therapeutic approach.

