

REPORT

TITLE OF THE WEBINAR:	BE CONSISTENT, BE THE BEST...
SCHOOL:	School of Physiotherapy
DEPARTMENT:	Physiotherapy
NAME OF THE ORGANIZER/S:	RK University, Rajkot
DATE OF CONDUCTION:	14/05/2020
TARGET AUDIENCE:	Higher Secondary and College Students

Brief Details:

1. Objective of the program:

- How to deal with post lockdown effects?
- How to relax and rejuvenate?
- A little effort to make your life interesting and optimum.

2. Brief description of the program:

This webinar was conducted on 14/5/2020 from 10:00 am onward. Speaker has explained 6 different lifestyle modification habits to make the everyday life more easy and interesting. The webinar was focused on how to make students more active in their curriculum as well as co curriculum.

3. Outcomes of the program:

217 live viewers have been attended the webinar including 11th and 12th standard students, college students, academicians as well as other professionals.

4. Details of Speaker

Dr. Krupa D. Tank PT
MPT Musculoskeletal Conditions, MIAP
Assistant Professor, SOPT, RKU

5. Program Schedule

Date:14/05/2020 | Time: 9:15:00 AM to 11:30:00 AM

Registration Link:

<https://docs.google.com/forms/d/1Cp0XIIjOd4gGBpoiGNEjRKRDddYgRTuKq0HPSSRvMAk/edit?usp=sharing>

Flyer Image:

https://drive.google.com/open?id=1-yp_guUEMdJXhNmUvKnXmfYG_syPhubV

6. Webinar Platform and Links

Platform: YouTube | Registrations: 99 | Participants: 74

Video Link(s):

- <https://youtu.be/NVMPpa-viwc>

Name & Signature of
Principle
Applicants

(Digital signature are allowed)

Name & Signature of
Head of Institute with institute seal